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and I bring over 20+ years in the industry and that same sense of pride and excellence to each home we sell. Call us today and Let's Get It Sold!" - Chad K. Ohrt, Broker





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-Dave and Carla B., Homesellers

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CityScene

OCT 2015

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Normandy Park Has Good Friends



Susan West Mayor

NOT TOO LONG AGO, A HANDFUL OF DEDICATED VOLUNTEERS decided Normandy Park needed a foundation that would focus on our community, raise money and eventually organize programs and events.

That was the beginning of what is now called the Friends of Normandy Park Foundation (FONP).

After a tremendous amount of paperwork and time, FONP received its 501c3 status from the government. That was a significant feat, but the FONP's efforts to officially launch were far from over! FONP needs members, so on behalf of the FONP, I am inviting YOU to join. It's Normandy Park's own foundation. It's a way YOU can leave a legacy and help build the Park's future.

Here's what FONP will do for our community:

MISSION

Friends of Normandy Park (FONP) is an association of community members and local businesses that wish to enhance Normandy Park. Through fundraising, and event and project planning, Friends of Normandy Park will serve as a facilitator to build community pride, improve our business climate, and attract people to Normandy Park.

FONP OBJECTIVES

Education: We will use a variety of means to educate community members about the benefits of Normandy Park and the services offered by local businesses, civic organizations, and schools.

Area participation: We will participate with local cities, regional authorities and broader organizations to promote and protect the commercial activity in Normandy Park.

Community: We will work to establish events that generate community spirit and participation that result in positive promotion of Normandy Park, local businesses, and civic groups. We will solicit other not-for-profit entities to work with us to enhance the community through events, promotions, and projects.

Grow the business community: We will work on economic development to retain and promote business within Normandy Park. We will assist in the recruitment of new businesses to expand the services offered within the city of Normandy Park.

We will assist with marketing packages for interested owners and landlords that want to recruit new businesses and provide advice on the benefits of relocating to Normandy Park.

Please become a FONP Board Member: If you are dedicated to helping Normandy Park and have some spare time, please consider joining the Friends of Normandy Park. I know your time is precious, so you don't need to attend every meeting. There are other ways to participate and show your support of Normandy Park. Here's a great example. Normandy Park's Economic Development Committee has more than 80 members. Due to work and family schedules. many are unable to attend the committee meetings, but they find other wonderful ways to help. They're incredibly dedicated! Some of the members communicate with the Economic Development Committee through email, text or phone calls. Some are able to volunteer at events, donate funds and provide services such as printing needed materials, creating flyers and picking up needed supplies for events, and much more!

IT'S UP TO YOU HOW YOU HELP, BUT **BOTTOM LINE, WE NEED YOU!**

Here are some specific skills that would be very helpful to FONP: Fundraising, marketing, advertising, managing non-profits, grant writing, social media, event planning and public relations.

If you don't have a background in those areas, no worries! The most important skills we need are dedication, commitment and enthusiasm for helping Normandy Park.

Please help us raise funds: Once up and running, Friends of Normandy Park will focus on raising funds for programs and events in our community. We haven't organized any events or programs yet, but we hope to soon! Those events will require funds, so please consider helping us by making a donation.

LEAVE A LEGACY IN NORMANDY PARK! BUILD THE PARK'S FUTURE!

If you are interested in becoming a board member or just learning more about FONP's goals, please contact me as soon as possible. We want to officially launch now, start raising funds, and organize programs and events.

Most importantly, we want to make a difference!

To learn more about the Friends of Normandy Park Foundation, please contact Susan West at 206-818-6945 or scwestnews@gmail.com.



CITY DIRECTORY

City Hall

801 SW 174th Street Normandy Park WA 98166

City Hall Main Line 206-248-7603

Police Non-Emergency 206-248-7600

Police & City Hall Office Hours

9:00am-4:00pm Monday through Friday

City Administration

City Manager 206-248-8246

City Clerk 206-248-8248

Finance Director 206-248-8251

Accounting Specialist 206-248-8247

Community Development Director 206-248-8257

Principal Planner 206-248-8253

Permit Tech 206-248-8260

Public Works Operations 206-248-8269

Public Works Engineer 206-248-8256

Recreation/Facility Scheduling 206-248-7603

Police Chief 206-248-7600

Police Records Manager 206-248-7600

Passport Office Hours

9:00am-4:00pm Tuesday, Wednesday, Thursday. Appointment required and may be made by calling 206-248-8248



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Passion Matters



Mike Bishoff Council Member

WE ARE COMING CLOSE TO THE TWO YEAR MIDWAY MARK for the most recently elected city council and it's clear that we have a strong and driven community that want the very best for Normandy Park. While challenging at times, the passion matters.

At the beginning of 2014 we saw enormous energy regarding the City Hall buildings and how we envision our city as both a great place to live as well as a hub of broader regional involvement. The lines of belief were deep with many saying the current facilities are fine while others wanted change. Points of view emerged and a standing room only crowd came to the gym to voice their opinions. Admittedly I loved

the involvement from the people that live here and was proud to see so many entering the conversation. With rare exception the dialogue was respectful and the will of people helped move the city in the right direction. Several more events occurred during 2014 that brought out the strong minded, and more passion: tree rights, parks, city managers, school bonds and more.

At the end of my first year as a city council member passions flared again as we made some staff transitions that caused some angst, disruption of services and attention from the community at large. And more recently there was an outpouring from our community regarding fireworks with people taking positions amid concerns about safety, animal welfare and more. Over the past year we have discussed fireworks for hours inside Council chambers and elsewhere to gather points of view and listen to the concerns. The dialogue was tough, but respectful, with large groups of people attending meetings and voicing their opinions. Being passionate, and showing concern for our general well-being—this is what our community is about.

Normandy Park is a place we all love and day in and day out, a place we are proud of, the place we raise our children, a place for comfort and a place we call home. As we think about our future 5, 10, or 50 years out, the passion our community brings to the table matters. We want and need the involvement, the strong attendance at council meetings, the objective criticism, as well as the positive reinforcement for things going well. As we enter into the upcoming election cycle, I am hoping a new round of passion emerges—the long term health and welfare of our city and the money that supports it. As a sales tax poor city that relies heavily on real estate taxes, we are in a constant budget to expenditure decline that is not sustainable and about every five to six years we will need to come to our residents and ask for their help. As a fiscal conservative I am very watchful over our City's money and I strongly believe we are spending the right amounts to provide good services and keep our city sound. With that said, we need your voices to be heard, your attention to the long term viability of the city we love and your help in guiding us to a long term and defensible model. Fireworks, city hall, trees, cell towers and more bring out strong voices, but we need your help now more than ever to help steer the city. The passion matters.



BROOKS WALL has been with the City of Normandy Park since 2005 and has served under multiple capacities. To some, she has been known as Teacher Brooks, Receptionist, Executive Assistant, Human Resources Assistant, or the bright smiling person at City Hall.

In addition to all that, Brooks has also assisted with accounting functions such as cash receipting, preparing the deposit, and even payroll, during staff shortage.

Our long-time Accounting Specialist, Lailani Balboa-Fernandez resigned this past August from her position of over seven years. The City received several applicants and after a battery of tests and interviews, Brooks Wall overcame two other finalists.

Brooks has a Bachelor of Arts in Business. Join me in welcoming Brooks Wall, into her new role as Accounting Specialist for the City of Normandy Park!

CONTACT YOUR CITY COUNCIL



Doug Osterman 206-878-2578 Doug.Osterman@ ci.normandy-park.wa.us



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Tom Munslow 206-824-5454 Tom.Munslow@ ci.normandy-park.wa.us



Susan West 206-818-6945 Susan.West@ ci.normandy-park.wa.us

MONTHLY MEETING CALENDAR

Arts Commission 1st Tuesday, 7pm

Council Meeting 2nd Tuesday, 7pm

Metropolitan Parks District 2nd Tuesday, 7pm (if necessary)

Transportation Benefit District 2nd Tuesday, 7pm (if necessary)

Council Study Session 4th Tuesday, 7pm (if necessary)

Civil Service 3rd Tuesday, Noon

Park Commission 3rd Wednesday, 7pm

Planning Commission 3rd Thursday, 7pm

From the Publisher

Bright and Crisp... FALL IS HERE!



*Peter Philips*Publisher

AS THIS ISSUE OF *CITY SCENE* GOES TO PRESS, a beautiful summer is giving way to a spectacular autumn. The trees throughout Normandy Park are covered in golden leaves, the water on the sound is taking on a silvery shimmer and the days—though bright

and sunny—are crisp.

Kids are back at school, soccer leagues are in full swing and families throughout the park are preparing for fall and winter holidays. It's a busy time!

The city of Normandy Park is energized as well. The city's Economic Development Committee produced another Zombiefest in September. You can see a photo montage of the festival on page 28 of this issue of *City Scene*. Winterfest is another event produced by the city to promote both Normandy Park Towne Center and Manhattan Village. Winterfest will be held on Sunday, December 6th this year. Learn more on page 27.

Both Zombiefest and Winterfest are heavily dependent on the tireless efforts of the city's volunteer Economic Development Committee. We applaud the city committee's work in developing these community events to promote Normandy Park's two commercial shopping districts.

The economic vitality of Normandy Park Towne Center and Manhattan Village are essential to our city's quality of life—and they are thriving.

Several new businesses have opened recently. Those businesses are advertising in the *City Scene* to reach local residents, and I encourage you to patronize them and help them flourish. They keep the city vibrant, and their advertising support allows us to produce *City Scene* every quarter.

The magazine works to promote local businesses to their customers and in turn those customers generate the sales tax revenue that helps fund the city programs that make Normandy Park such a wonderful city in which to live.

Enjoy the season, get engaged...and shop the Park!

COMP PLAN UPDATE

The Comprehensive Plan is the policy document that sets forth the City's vision for growth and development over the next 20 years. The City's update of its 2004 Comprehensive Plan is moving forward towards a scheduled end-of-year adoption by the City Council.

Updates to the Comprehensive Plan will include current population and housing data from the 2010 U.S. Census and other current sources. Policy changes will reflect current concerns, such as enhanced transit to serve Normandy Park's population, and to link it to other transit stations.

The City distributed part two of a community opinion survey in the last issue of the City Scene about land use and related issues that will be addressed through the Comprehensive Plan Update. Among the key survey findings are the following:

Participants support
a "successful town or
neighborhood center along 1st
Avenue." This, combined with
similar levels of support for "More
local retail / services (stores,
restaurants, professional offices,
medical, etc." shows a desire for
more in-town services.

Non-motorized transportation shows support. Participants rated improved non-motorized transportation options (walking, bicycling, etc.) fairly high. Not surprisingly, participants supported "traffic control," reflecting expectations that the community maintain its quiet, slow-paced use patterns in neighborhoods.



Continued support for basic services. Participants considered quality police, fire and schools top priorities. Street maintenance rated nearly as high, though fewer considered sewer service provision as important.

Support for passive, openspace parks, shoreline access.

Respondents expressed strongest support for "passive," open-space type parks with support for "more low-bank shoreline parks."

Clean and green. Survey-wide, respondents expressed more support for the idea of city-wide "cleanliness" than any other topic. Topics related to the City's urban forest and "sense of refuge" enjoyed nearly the same levels of support. "No change, please." The lowest-priority issue, from participant scores, was the topic of "more housing options." Similar relatively low support was registered for "more local employment."

Respondents were older than the City's general population. 65% of survey respondents were 55 or older; 2010 Census figures show 37% of the general Normandy Park population are 55 or older.

If you have any questions regarding the update or process of the update, contact Principal Planner David Nemens at 206-248-8253 or email davidn@ci.normandy-park.wa.us

What will the Levy Lid Lift cost?

This November, the residents of Normandy Park will have to make an important decision regarding City services. What's the bottom line?

About \$7-\$9 more per month for each of the years 2016-2021 for a home valuation of \$500,000.

Many members of the Normandy Park community wonder why a levy lid lift is coming before voters this fall, when the City has multiple sources of tax revenue. The City receives revenue from property, sales and utility taxes, as well as permit fees. Property taxes, however, account for the significant majority of the City's tax revenue. Low sales tax cities like Normandy Park must rely heavily on property taxes. Currently, in Washington State, property taxes cannot keep pace with rising municipal costs.

The 2015 Levy Lid Lift can help close the City's funding gap for a period of six years and can help maintain existing service levels. The cost to Normandy Park residents is about \$7–\$9 more per month over the six year period on a \$500,000 home. Regardless of how much property values increase, a homeowner will not pay more than the maximum rate of \$1.60 per \$1000 assessed value (AV).

2016 Levy Rate Increase

As a percentage of 2015 Total Levy Rate, \$13.94 per \$1000 AV



- Normandy Park 2016 Property Tax Levy Rate Increase
- 2015 Total Property Tax Levy Rate-Other Taxing Districts

What your vote will mean:

If the Levy Lid Lift passes, then...

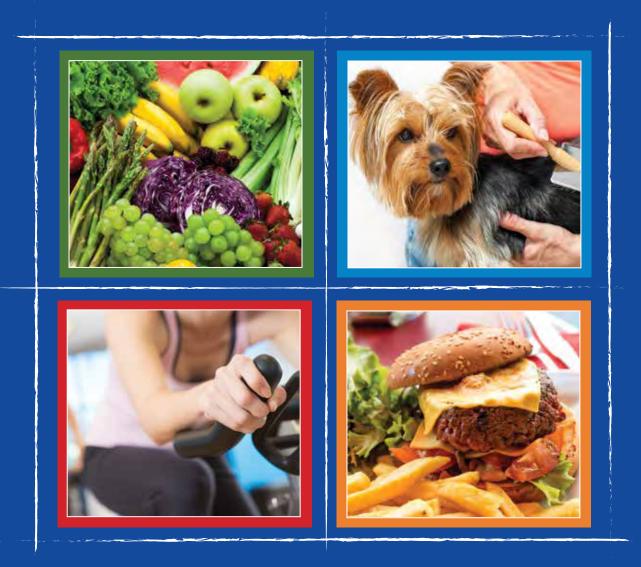
City services are maintained at current levels.

If the Levy Lid Lift does not pass, then...

The City budget is estimated to have a \$450,000 shortfall in 2016. Possible options to balance the budget include reduction in police and staff of 2–3 employees and reduction of road maintenance further below minimum service levels.

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WSDOT'S HIGHWAY PRESERVATION PROJECT on First Avenue South (SR 509) was nearly complete by the end of September. Over the past couple months, crews repaved and striped both directions of the highway between South Normandy Road and South 174th Street, extending the life of the highway another 15 years. They also upgraded 13 pedestrian ramps to provide safer highway crossing locations. Final work to install new pedestrian poles and crosswalk buttons should be done in early October.

ACCEPTING APPLICATIONS FOR CIVIL SERVICE COMMISSION

Applications are being accepted for an appointment to position #3 on the Civil Service Commission. This vacancy is for a full 6-year term scheduled to start January 1, 2016 and end December 31, 2022.

The Civil Service Commission is scheduled to meet on the 3rd Tuesday of every month at Noon in the Council Chambers at City Hall, but only meets as needed. The duties of the Civil Service Commission are outlined in NPMC 2.28 and RCW 41.12.030. Applicants must be a US citizen and have been a resident for at least 3 years.

Applications will be accepted at any time and will have a first review of December 1, 2015. Application forms are available online or can be picked up at City Hall at 801 SW 174th St., Normandy Park, WA 98166. For application or position information, contact City Clerk/Civil Service Secretary Debbie Burke at (206) 248-8248 or debbieb@ci.normandy-park.wa.us.



GOT STREETS?

Like the "Got Milk" ads, you may not think about your streets until the "milk mustache" becomes obvious. In this case, that "mustache" is POTHOLES.

The Gas Tax only pays for about one-third of the City's current street maintenance services. The General Fund covers the other two-thirds. As the demands on the General Fund increase faster than the 1% property tax limit, our streets maintenance budget is cut.

POTHOLE REPAIRS and SAFETY ISSUES alone cost at least \$300,000 per year. In order to return to doing chip seals—surface treatments for asphalt roadways that extend the life cycle of the pavement—we need to spend about \$400,000-\$500,000 per year. After funding police and other mandated services, the General Fund cannot continue to subsidize streets maintenance. NOTE: The Normandy Road Project is almost entirely funded by grants, not the General Fund.

In 2013, the City Council established a City Transportation Benefit District (TBD), and delayed enacting a \$20 per vehicle license fee authorized by law to 2016. A public hearing and discussion was held in March 2015, and then on August 11th, the Council authorized the \$20 fee to help fund basic streets maintenance.

The new state gas tax and TBD fees will provide for basic street maintenance levels. In the long-term, the city council will need to establish funding for the \$400,000-\$500,000 per year needed for chip seals and preventive maintenance.



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Trees and STORMS

by Amanda León, Community Development Director

MUCH OF THE SEVERE DAMAGE to our deciduous and evergreen trees that occurred during August's severe wind storm could have been avoided.

While some limb breakage is inevitable during extreme weather, proper pruning will help to protect the trees. Although you can't predict the storms that will affect our trees this winter, good pruning practices will protect trees from ice, snow, and our sometimes-devastating, strong wind storms.

Every year Normandy Park loses trees from storm-related events. Major damage to parts of a tree or even the entire tree can result from high winds, snow, and ice. In addition to physical damage or loss, risk and liability can become a concern to people and the surrounding property. Seasonal storms can cause extensive damage depending on timing and intensity. Deciding what to do with damaged trees is an important process.

As trees sway in the wind they develop strength to withstand directional forces. If conditions are consistent, trees will initiate changes in their development to compensate for these winds. Under normal conditions, trees are biologically engineered to adjust to external wind and weight loads. Trees' cell structures are strong and help minimize the impact of external forces. In the case of extreme weather events the forces of nature are so intense that trees may be injured. It is at this point that a homeowner must make an informed decision based on the extent of the damage. The assistance of a trained arborist can help determine if a tree can be saved from storm injuries, or if it needs to be removed.

There are several types of tree damage that occur from violent weather. Each has its own specific assessment considerations. All parts of the tree should be inspected during a post-storm assessment. The most common damage is root plate failure, stem failure, crown twist, and branch failure. Telltale signs to look for in the canopy are dead, broken, and or hanging limbs and leaves. In the root zone pay attention to fungal fruiting bodies, exposed roots, lifting, decayed areas, cavities, nesting holes, cracks, cankers, or other damage.

Storm Damage Prevention

Preparing trees to grow healthy and strong is easiest when planting a new tree. Make sure not to stake or guy-wire trees unless absolutely necessary. Staking inhibits the natural development of internal adjustments to wind with wood growth. Allowing for natural movement helps the tree adjust to local site conditions.

Functional pruning helps trees form a healthy, more storm-resistant canopy. Pruning of newly planted trees helps establish a strong structure; it is best to wait at least three years after they are planted to allow the trees to adjust to site conditions. Choosing a strong central leader and eliminating codominant stems prevents weak branching structures. Eliminate branches with bark inclusion and tight or narrow branch junctions. Branching should have even spacing around the tree for balance and symmetry. Branch training is essential for sustainable, long-term tree plantings.

Mature trees should be pruned to improve balance and symmetry as well. It is important to be mindful that you shouldn't remove more than 30 percent of the canopy at one time. It often takes several years to complete a pruning cycle for a mature canopy. Allow the tree to develop fully and naturally by pruning only when needed. Functional pruning often helps reduce drag or sail in the canopy. Functional pruning focuses on removing dead, dying or diseased branches; as well as poor branch attachments, crossed branches, and narrow branch angles. In addition, keeping trees healthy with slow deep waterings and fertilization improves root growth and structure.

Post-Storm Response

Remember, safety first! Perform a visual inspection. Look for dangerous hanging limbs, broken branches, and other failures before beginning cleanup. Keep clear of the area around damaged trees. Look for power lines that could be involved with damaged trees. Consider all utility lines energized and dangerous. Contact 911 or Puget Sound Energy if a tree touches power lines.

Assess the damage to determine the level of injury. Some trees may not require any action and can recover on their own. At this time, hiring a certified arborist is very useful. Leaning trees, broken branches, as well as utility lines can cause life-threatening situations. During the arborist's assessment, the arborist will advise which trees can be pruned to bring back to health and which trees should be removed. An arborist will develop a plan to manage the damaged tree. Remember that you are the caretaker of your trees; continue to monitor your trees after the pruning work has been performed to ensure their longevity and vigor!





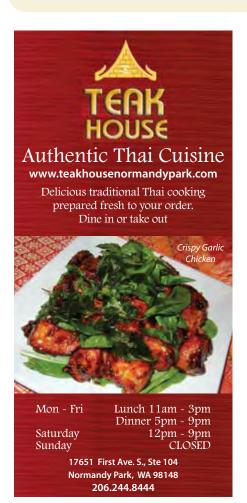


Traffic Enforcement

FROM SEPTEMBER TO DECEMBER, NORMANDY PARK OFFICERS WILL BE CONDUCTING DISTRACTED DRIVING EMPHASIS PATROLS in our neighborhoods. Patrols will be focused on specific problem areas as well as all distracted driving and accident causing violations. Normandy Park Officers will be conducting highly visible traffic enforcement in

targeted areas in an attempt to improve traffic and pedestrian safety.

We all want a safer community. Part of this is traffic safety. The more attention paid to defensive driving, the fewer collisions occur. The fewer collisions means we have more time to detect and deter criminal activity. The Normandy Park Police Department is trying to make the most efficient use of its staffing. Please help us by following the rules of the road. Remember, this applies to everyone on the roadway. Bicyclists and pedestrians are not exempt from the law. Be safe!





Hedrick to New York for Training

From October 3rd through the 8th, Detective Jeremy Hedrick attended the Colonel Henry F. Williams 28th Annual International Homicide Seminar in Albany, NY hosted by the New York State Police. Detective Hedrick was asked to attend the training alongside the King County Major Crimes Detectives who would be attending the conference. Chief Gaddis presented this application for training to the Coalition of Small Police Agencies (CSPA) Executive Board. Due to the fact that Detective Hedrick is an Incident Commander on the CSPA Major Crimes Task Force, it was determined the CSPA would pay for the cost of the training for Detective Hedrick. Chief Gaddis would like to thank the CSPA Chief's for allowing Detective Hedrick to attend this training. I would also like to point out Detective Hedrick's tremendous work for Normandy Park and the Major Crimes Task Force. Detective Hedrick's performance and work ethic made it an easy decision to send him to this class. Great job Jeremy!



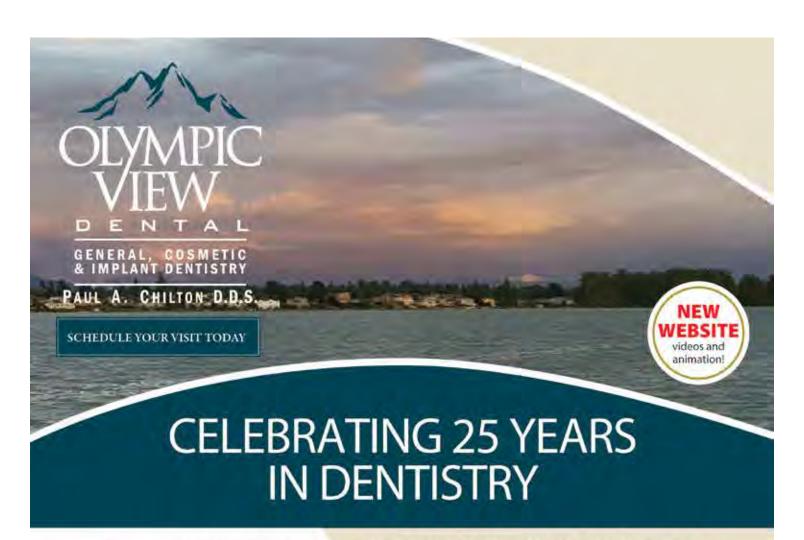
Officer John Lievero, left, and now Sergeant Morella, at the 4th Annual Staff Meeting in July at the Museum of Flight.

Congratulations to Sergeant Morella

After almost one year of testing, which included a letter of intent, a three month Acting Sergeant role for each candidate, subordinate evaluations, a sergeant portfolio review and a testing assessment center provided by Public Safety Testing, the Normandy Park Police Department is proud to announce our newest Sergeant, Giovanni Morella.

Sergeant Morella has been with Normandy Park full-time since September 1, 2000. Prior to full-time employment, Sergeant Morella was hired as a Reserve Police Officer for Normandy Park in December of 1998. His most recent assignment was the Human Scent K-9 Team Handler. As most of you already know his K-9 partner "Rocky" retired in June of 2015. Sergeant Morella is a member of the Coalition of Small Police Agencies Special Operations Team. He is also a Master Defensive Tactics Instructor and an advanced trained bicycle patrol officer.

Giovanni undertakes the role of Sergeant starting October 1st. If you see Sergeant Morella out and about over the next few months, stop him and congratulate him on the promotion. Great work Giovanni!





Dr. Paul Chilton

"I have been truly amazed at how invigorated and excited I still am about dentistry. I just returned from a surgical course and was so excited about learning new techniques and working alongside other fabulous dentists. I was just as excited as I was my first course 25 years ago. I can't express how blessed I am to be in a profes-

sion that I am so passionate about. Dentistry has evolved so much over these years and I am forever learning and teaching. Some areas of dentistry that have changed the most are dental implants, regenerating gums and bone, and dental materials that are stronger and more beautiful. These are just three things that have made the biggest impact on my patients as well as thousands of others around the world."

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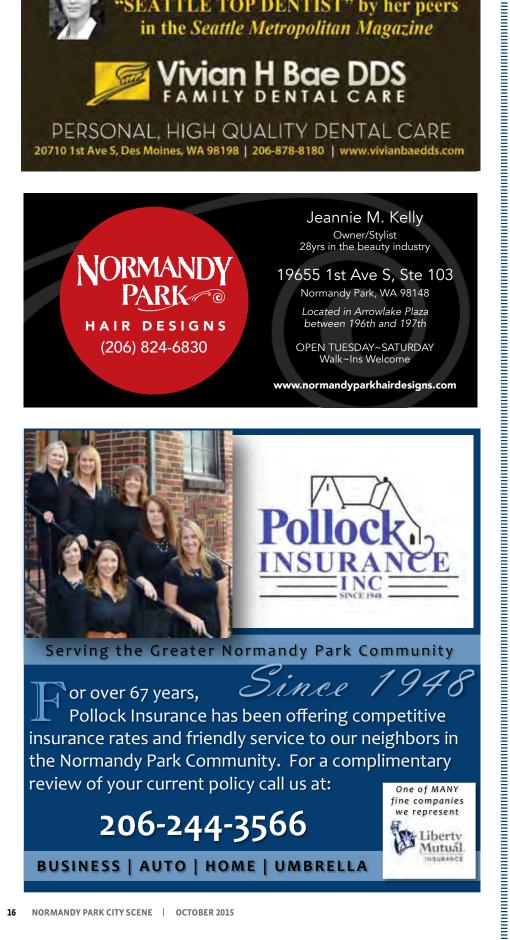
- On staff for 25 years at Highline Medical Center as the hospital dentist.
 - Providing care to in-patients and knowledge of dentistry to health care providers.
 - Providing 25 years of dental services to several local and regional agencies for individuals in need.
 - Providing charitable contributions for the community as well as dental outreach programs local and overseas.
 - Former foundation member of Highline Medical Center.
 - Former board member and past president of Normandy Park Community Club.

We are now on Twitter @drpaul61, Facebook and Demand Force

LOOK FOR PROMOTIONS AND SPECIALS AT: www.olympicviewdental.com







Reserve Officer Tempski

In March of 2015, Reserve Officer Miko Tempski was hired as the newest full-time Officer for Normandy Park. Over the last few months, Officer Tempski has provided law enforcement services to the citizens and visitors of Normandy Park while he was awaiting his Academy start date. In August, Officer Tempski contacted Chief Gaddis and advised him he would be resigning his position as Police Officer with the City. Tempski will remain as a Reserve Police Officer with Normandy Park so you will still see him out on patrol. The Police Department supports Officer Tempski in his transition back to the private

Community Service Officer Bond

The Normandy Park Police Department would like to welcome its newest member. Community Service Officer (CSO) David Bond has accepted a position as a full-time Police Officer. Officer Bond will begin his life as a Police Officer on November 1st. He will be attending the Basic Law Enforcement Academy in early 2016. Officer Bond has been a tremendous asset to the Normandy Park Police Department in his twenty plus years with the City. Officer Bond began his career in Normandy Park as a Reserve Police Officer in 1995. Dave was hired as the Community Service Officer in 1998 when former CSO Paul Melewski was hired as a fulltime Officer by Normandy Park.

Officer Bond is a Washington State Criminal Justice Training Commission Emergency Vehicle Operations Course Simulator Trailer Instructor, First Aid/CPR/AED Instructor, Rape Aggression Defense (RAD) Instructor, Chemical/ Biological/Radiological/Nuclear and Explosives Instructor, Respiratory Protection Instructor and a Community Emergency Response Team Instructor/Trainer. He is also a graduate of several FEMA sponsored Emergency Management Trainings.

When you see Police Officer Bond on the street congratulate him on the new job!

Residential Communication Hubs

Over the next few months, the Normandy Park Police Department will begin accepting applications for volunteers for the City Residential Communication Hubs (RCH's). In the event of the failure of communication systems in the City, the Residential Communication Hubs will serve as a communication area for neighbors to give and receive help. There are plans to have a message board set up for leaving notes to offer services; such as "I have a chainsaw for removing trees in the road" or asking for help like "We are out of diapers." Messages can be left at the Hub as to your whereabouts, or requesting info on missing neighbors and family members. The City can also disseminate information at the RCH's as well.

It is important to understand that the Residential Communication Hubs do not have supplies such as food, water or tools provided by the City to be used in the event of an emergency. The focus of this Emergency Preparedness program

is to urge Normandy Park residents to organize themselves for caring for one another in the neighborhood, checking on neighbors and sharing supplies after an event such as an earthquake. If there is a significant event, volunteers at the RCH's will help community members offer and exchange aid. RCH Volunteers may be expected to do the following (this is not a complete list of tasks):

- Put up a small shelter.
- Pass along direct communication from the City.
- Attend a short training once chosen to assist.
- Participate in annual training activations.
- Work with your fellow volunteers during training and real life activations.
- People who are interested in volunteering should be on the lookout for information about the RCH's in social media and e-notices. If you just cannot wait, and you need more information now, feel free to email Mary Anderson at marya@ci.normandy-park.wa.us.

The focus of this **Emergency Preparedness** program is to urge Normandy Park residents to organize themselves for caring for one another in the neighborhood, checking on neighbors and sharing supplies after an event such as an earthquake.



veterinary services. Good for up to 2 pets (dogs/cats) per household. For pet owners aged 18 and older. Cashier Code: 700.500. Expires 03/31/16.











Commitment to Emergency Preparedness/ Management in Normandy Park

by Mark Hoppen, City Manager

The City of Normandy Park has an emergency operations plan. This plan describes the manner in which emergency operations will be implemented in the event of disaster, whether earthquake, landslide, or extreme storms. One of my roles is to serve as the local head of such an emergency effort. Locally, this occurs in conjunction with local fire, police, health, school and utility authorities.

Local agencies also coordinate with the Washington Military Department's Emergency Management Division (EMD) whose mission is to minimize the consequences of emergency situations on the "people, property, environment, and economy of Washington State."

This State Division notifies and alerts state agencies and local governments of impending emergencies and disasters. During state emergencies, EMD manages the State Emergency Operations Center located at Camp Murray, south of Tacoma, and coordinates emergency response to ensure help is provided to those who need it quickly and effectively. This facility is interesting in part because it is built on the largest shock absorbers I have ever seen, which can keep this facility functional in the largest quakes anticipated in this region—intimidating, life-threatening events.

The Camp Murray Washington State EOC is designated as the central state location for information gathering, disaster analysis, and response coordination. Other state and local agencies with emergency roles may come to the EOC to help coordinate the state response. Federal government agencies may also provide representatives.

At the State EOC, information gathered is used by officials to make decisions concerning emergency actions and to identify and prioritize the use of state resources needed to respond to the emergency. The EOC may issue emergency warnings or disseminate critical information and instructions to government personnel and the public who may need to take emergency protective actions.

In the event of emergency, our local City of Normandy Park EOC will coordinate with regional authorities and Camp Murray to maximize the delivery of resources and services to Normandy Park citizens. An example of this would be the King County Regional Communications Emergency Coordination Center (RCECC). Normandy Park would communicate with the RCECC to ensure that the impact to our citizens and visitors would be included in the common operating picture for King County. On a local level, Normandy Park, SeaTac, Burien and Des Moines have a Highline Emergency Managers group which meets on a regular basis to make sure resources and training are consistent across the Highline area.

As most people likely know, this delivery could take up to three days, or more. Normandy Park has no hard-shelled emergency facility readily available, and may have to rely on neighboring facilities, so without question individual homes and neighborhoods must prepare for self-help for this three day period.

So now, and in the next year, I'll be taking steps to offer household and neighborhood training and coordination to cope with disasters. I encourage all Normandy Park residents to look at the Washington State emergency recommendations on the following sites:

- http://www.doh.wa.gov/Emergencies
 EmergencyPreparednessandResponse/GetReady
- http://mil.wa.gov/blog/news/post/preparedness-training-key-in-riding-out-the-big-one

Information that households need to get prepared can be accessed through these sites. Each household needs three days of supplies, a go bag, and a family communication plan. The "Big One," the Cascadia Subduction Zone Quake, which may be far, far more powerful than anything experienced in our lifetimes, occurs every 200–500 years, and we are past the mean for such events. You can also follow the Chief of Police on Facebook at www.facebook.com/NPChief for more tips about emergency preparedness. Visit our website or contact us by phone to hear about volunteer opportunities in the area of emergency preparedness/management.

One item per day

During the first two weeks of September, Chief Gaddis helped friends of the Chief on social media create emergency preparedness kits. Over the fourteen days, people were asked to add one item per day to their kits. This event was to help people prepare for an emergency. What that emergency kit contains depends on who is preparing the kit. Chief Gaddis made a kit to keep in his vehicle. This wasn't a kit to sustain him for several days, maybe just one or two. If you weren't able to follow along, it is never too late. You can visit www. facebook.com/NPChief and see what went into his kit. You don't have to be a Facebook member to view this page.

For more information about emergency preparedness kits and their content, visit www.ready.gov.

Chief Gaddis' Emergency Preparedness Kit

Day 1	Bag	Day 9	AM/FM Radio with
Day 2	Water		spare batteries
Day 3	Gore-Tex Jacket	Day 10	Pencil and Paper
Day 4	First Aid Kit and	Day 11	Non-perishable
•	Medication		food
Day 5	Currency	Day 12	Toiletries
Day 6	Flashlight	Day 13	Dust masks and
Day 7	Game Boy with		work gloves
,	spare batteries	Day 14	Sleeping Bag
Day 8	Reading material		

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Sat 9am-5pm

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206-592-6454 pricelesspetclinic.com

ERIK EYKEL is a Life Scout in Boy Scout Troop 375-Burien. For his Eagle Scout project, he chose to work on Marine View Park because of the great community stewardship and City leadership. Erik commented, "Ms. León was very responsive and connected me with important community members and city officials."

His project had two major parts benefitting our community. The first part involved clearing a 200 square foot area of ivy and brush for a picnic table. Erik invited his friends to help out with this project. The work crew dug holes for the fence posts, mixed and poured concrete, spread the mulch, and installed the picnic bench. The shaded area is about 200 yards down from the meadow—a great respite from the hot sun for a family picnic.

The second part of the project addressed the police department's concern about car prowls. Visibility into the park was obscured by the thicket in the parking circle. The work crew removed invasive plants and pruned the native shrubs. Law enforcement officers can now have a clear view of the parking lot from the street.

This great partnership enabled a Scout to satisfy a critical requirement towards the Eagle rank and the City to have an organized work crew to enhance one of our city parks.

This project was made possible because of the time and devotion of Bill Vilonza and David Krull—Stewards of Marine View Park.

For volunteer environmental project opportunities, contact: Amanda León at 206-2848257 or via email at amandal@ci.normandy-park.wa.us



Erik Eykel clearing ivy for picnic area.



160

volunteer hours

adult volunteers, two of which are
Normandy Park residents

youth including 5 Boy Scouts and 1 Cub Scout

2 tons

of brush were hauled and shredded

Swimming doesn't stop just because fall is here



at



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Recreation Center Summer Re-opening



ON JULY 18TH THE RECREATION CENTER WAS RE-OPENED after some much needed improvements. New windows were installed, the boiler was replaced, carpets shampooed, and gym and dance floors were refinished. Our new online booking system is up and running and you can now book the Gym, Dance Studio, Marvista Gazebo, Fields, and Community Room from virtually anywhere. Access to the online reservations can be found in the Recreation and Community Service Department at the City of Normandy Park website www normandyparkwa.gov.

Fall classes and activities have been filling up quickly and here are some of the offerings:

DUPLICATE BRIDGE The Duplicate Bridge group has been meeting for 25 years. The group is always looking for substitute players who enjoy Duplicate Bridge. For more information, contact Martha at 206.592.2622

SENIOR PICKLE BALL The Senior Pickleball Group has been playing in the NP gym Monday, Wednesday, and Friday mornings for 15 years. Because there is only a single court, which can limit playing time, we are adding Tuesday and Thursday morning Pickleball for beginners and those looking for a slower game. Please contact Amanda León at 206.248.8257 for details.

MELANIE'S DANCE UNLIMITED The Dance Program has been in business for 35 years and offers Beginning through Pre-Professional dance classes. They offer Jazz, Ballet, TAP, Acrobatics, Hip-Hop, Musical Theatre, Scottish Dance, and Lyrical/Contemporary Classes weekly. Local Students can ride the Marvista Bus directly to the Recreation Center for classes. For more information contact Melanie Sartin at 206.431.1989, DancerMelanie@USA.net, or online at www. MelaniesDancers.com

CHANCE TO DANCE FOUNDATION The Chance to Dance Foundation offers children of the NP community the benefit of scholarship for Dance-Arts Education by focusing on student's self-esteem with education, training and promotion of dance without biases of gender, age, or financial situation. For more information contact Melanie Sartin at 206.431.1989, DancerMelanie@USA.net, or online at www.MelaniesDancers.com

seattle taekwondo academy LLC has been offering classes for children, teens, and adults in for 20 years. It is a full black belt program and students begin as white belts and graduate to black belts. In their 20 years in Normandy Park, nearly 100 black belts have graduated! Students learn discipline, respect, and physical fitness while gaining confidence and having fun. They have popular women's Kickboxing Core Class where women train to get into great shape; and Women's Self-Defense class is designed to take with a buddy as a training partner. For more information contact Master Instructors Scott Craig and Susan McCall at 206.444.9473 or STKDA@aol.com

DROP-IN BASKETBALL 4 on 4 Drop-in Basketball has been playing in the gym for years. It is arranged with an open door policy, players are 18 years and above, and is regulated by a volunteer group of long-term residents who play in the evenings (Sunday–Thursday 8–10 pm) and Saturday mornings. Please come play a game of drop-in when you are available!

FIT4MOM BURIEN-DES MOINES BODY BACK Body

Back* is a results-based workout designed for moms who want their body back, whether they just had a baby or their last child was born twenty years ago! Most importantly, it helps women unlock their personal possibilities in an inspiring and powerful environment. Body Back* clients experience targeted high-intensity workouts, inspiration and motivation in every class. Moms are achieving results that they never dreamed possible! For more information Contact Jennifer Ordell jenniferordell@fit4mom.com or go to burien-desmoines.fit4mom.com for more information.

CUB SCOUTS Meetings are kicking off and we're ready and excited for an activity packed year. Pack 363-Normandy Park Community Club Wolves (2nd graders) will meet the second Tuesday of each month beginning in October from 6–7 pm in the Normandy Park City Hall Community Room. The boys will learn the scout values, citizenship, and have loads of fun. Interested? Come by and see us or contact Bob Craggan at 206.601.0330 or rjcraggan@comcast.net regarding the Wolf Cubs or the other Dens/age groups in Pack 363!



Normandy Park Facility Rental Availabilities

Looking for a place to hold a birthday party, meetings, classes, or sporting events? City Hall Park, located at 801 SW 174th Street, has two regulation size Little League ballfields, one non-regulation size ballfield, and two soccer fields available for family, group, and team usage. Normandy Park Recreation Center, adjacent to City Hall Park, may just fit your next rental needs. The indoor facilities include a gym, community room and a dance studio that make for a great meeting place or space to offer classes, seminars, or lectures. Marvista Park is an ideal location to hold a family or business picnic. Located at SW 200th and 4th Ave SW, the park includes children's play equipment, community p-patch-, a rose garden, a paved ADA accessible trail, benches and picnic tables, an ADA compliant restroom and a large gazebo that is used for band concerts and can be rented for picnics. Visit the City's website www.normandyparkwa.gov or contact the City's Facility Scheduler at 206-248-8256 for more information.

CITY HALL BALLFIELDS

Youth League and Major Youth User:

- Baseball and Soccer Practices \$6/hr per field
- Tournaments: \$30 per game **Clinic**: \$22 /hr per field

Family and Group Use: \$15/hr per field

COMMUNITY ROOM

\$30/hr for single use \$20/hr for 9 months or more

DANCE STUDIO

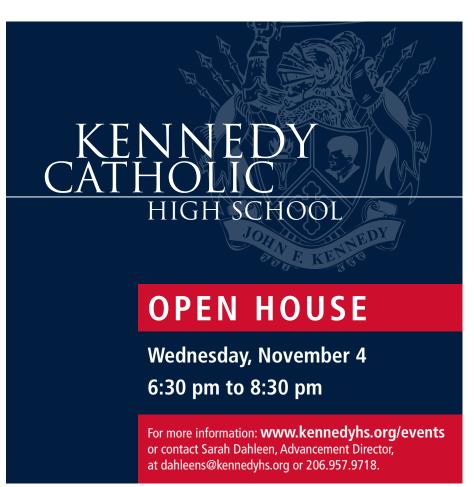
\$15/hr for single use \$10/hr for 9 months or more

GYMNASIUM

\$45/hr for single use \$27/hr for 9 months or more

MARVISTA PARK GAZEBO

\$50 for 4 hours \$45 refundable deposit \$5 admin fee





Wonderful World of Woods and Water— A HISTORY OF NORMANDY PARK

A Story of Native Americans, Pioneers, Farmers, Bootleggers, Loggers, The Great Depression, Developers, World Wars, and spirited citizens that lead to the beautiful community we all enjoy today.

PART 3 OF A 4-PART SERIES

by Andy Batcho

Incorporation (1940s to 1990s)
In the late 1940s and early 1950s,
Normandy Park was "discovered", and
within a few years, many fine homes
were built. In a short time, it became a
vigorous community—so much so that the
residents decided to incorporate the area
into the City of Normandy Park, in order
to control their own destinies.

After the Seattle-Tacoma International Airport was put to modern civilian use in 1949 and the Boeing Company grew in the post-war economy, Normandy Park saw a steadier influx of residents. Population estimates during the early 1950s put the population at just under 1,600.

Given that the railroads dominated the beaches from Seattle to north and Tacoma to the south, Normandy Park was indeed fortunate that the 1890 Oregon Railroad plan through Des Moines didn't become a reality.

In March 1953, a hearing was set to discuss Normandy Park incorporation. The incorporation discussion began as a citizen "rescue mission" to save Normandy Park's beach from development. Two sites were being considered, and without the efforts of the citizenry, our current Cove Beach might have become a sewage treatment plant.

The May 1953 vote was quite close: 261 residents voted for incorporation, and 254 voted against. The town was officially incorporated on June 8, 1953. The move apparently sat well with quite a few—the Seattle Times reported that almost 300 people moved to the area in the six months following incorporation.

The city government was structured to include seven elected Councilmembers, one of whom is selected by Council as Mayor and serves as chair of the Council. The Council serves unsalaried by choice.

The City was classified in the Revised Code of Washington as a "second class city" with a "council/manager form of government."

Howard Harstad was the first Mayor, and the first City Hall was a makeshift cabin on 1st Avenue. In 1959, a deactivated former NIKE missile base at 200th SW and 4th Ave SW was listed for sale. The City bought the five and a half acre parcel plus buildings for \$23,000. This facility remained City Hall until 1989, when it moved to the renovated Normandy Park School complex, where City Hall resides today.

In 1959, City leaders and community activists faced another issue. A developer planned to build apartments around Arrow Lake. The community prevailed and the Arrow Lake property was secured for private housing.

The first Normandy Park Police department began in 1954 and consisted of six community volunteers who were deputized after six weeks of evening officer training. Their first police car was a used 1949 Chevrolet, which was converted into a police car by adding a siren on the fender. Crime was very low in Normandy Park in those days, and a loose horse running down the street was about as exciting as it got for the Police Department. Many kids in Normandy Park had horses in those days. The animals were kept in a horse pasture, which was changed into a beautiful housing development in the 1990s.

The first school to be built in Normandy Park was Normandy Park Elementary School, which opened in 1953. The school is the current location of the Normandy Park City Hall. Marvista Elementary was opened in 1957. In 1990, the Marvista PTA was chosen as the most outstanding in the State, because of the unusually high level of parent interest and involvement in school activities.

There have been 15 annexations to Normandy Park since its incorporation,

the three largest of which were:

The 1976 Bernard Annexation, consisting of 46 acres south of 216th from Marine View Drive to Puget Sound and south to the city limits on Des Moines. 113 new residents were added to the city.

The annexation of the Manhattan community in 1983, which brought 1,827 new residents to the city.

The 40-acre "Bonnie Wood" community in 1991, which brought in 90 new residents. This community joins the northern boundary of the city on 1st Ave. at 168th and extends to 162nd Southwest. It's also the eastern part of the 160-acre Elsey homestead.

The President of the Boeing Company, T.A. Wilson, and his wife Gracie, lived in Normandy Park and ultimately donated their property to the City. That property is now known as Grace M. & T.A. Wilson Park.

Normandy Park is a city of many parks, including five major parks that total over 99 acres and several pocket parks that are limited-use green areas.

Walker Preserve, Nature Trails, and Marine View Park are the largest park areas. Totaling over 76 acres, these parks offer natural settings with rustic walking paths.

City Hall Park is a nice open area park with grass athletic fields for soccer and baseball, outdoor basketball, a children's playground, in addition to a walking path.

Marvista Park offers open grassy areas with walking paths, a community p-patch, children's playground, and rose garden.

E.J. Nist Family Park is the most recent park addition to the City of Normandy Park. Bequeathed to the City by Emmet Nist, it is a unique park with a variety of interesting features including open space, woods, views, and trails.

There are many pocket parks throughout the city, including Brittany Park, Edgecliff Park, Happiness Grove, Fountain Park, the Gallows Park, and Grace M & T.A. Wilson Park.

The park with the most historic significance is Brittany Circle Park (Fountain Park) at the corner of Brittany Drive and Normandy Terrace. This park was designed with a fountain as the focal point for the Riviera Section in 1928.

The city is also home to several membership-only recreational facilities, including two swim clubs. The Normandy Park Swim Club was built in April 1956, and the Olympic View Swim Club was incorporated in September 1960.

The Normandy Park Community Club manages and maintains the Cove, which consists of a community hall, tennis courts, picnic areas, and a playfield. The beach area adjoining the Cove is available for member use and is maintained by the Community Club. Many community wide events such as the Easter Egg Hunt, Fourth of July celebration and parade, and the Christmas Bazaar, are held at the Cove.

During the 1950s and 1960s, there were many social clubs in Normandy Park, some which still exist today. There were numerous garden clubs with names like "the Petal Pushers," "the Gay Blades," "the Sprouts," and "Babbling Bulbs." (The Babbling Bulbs eventually changed their name to the Arboretum Unit Numbers.) Other philanthropic groups and social clubs included the Orthopedic Guild, the Ruth School for Girls, the Southern Club, the Manhattan Community Club, the Duplicate Bridge Club, and the men-only Beer Garden Club. These clubs raised money for local charities, sponsored dances and galas, promoted plant knowledge, and in general provided an important sense of community.

There are five churches in Normandy Park: Southgate Assembly of God (1953), John Knox Presbyterian (1954), Normandy Park Congregational Church (1961), Highline Church of the Nazarene (1966), and Highline Baptist Church (date unknown).

One of the first businesses in Normandy Park was "Northwest Archery," located on 1st Avenue near one of the city's newest business sites, the Normandy Park Towne Plaza.

Look for Part 4 of this history series in the next issue of City Scene.

Start your New Year off right, make an investment in yourself!







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The Normandy Park Arts Commission Presents

No Limitations The Art of Giel Ahn











Exhibit will be on display for the remainder of October at Normandy Park City Hall Council Chambers, 801 SW 174th St, Normandy Park, WA 98166

Giel Ahn is an autistic young man who expresses himself beautifully through striking and powerful contemporary paintings. Bold brush strokes, carefully chosen color placement in combination with an overall interesting and evocative design, his work catches the viewer's attention. Giel Ahn works in acrylics using a vivid color palette whether he chooses a realistic or an abstract design. Even though they are but his voice from within, Giel's artworks speak 'loudly' and convey his feelings, emotions, and his joy for life.

Unspoken words become language once this young artist picks up a canvas, a brush, and paints. Each of his paintings tells a story and allows the viewer a glimpse into his personal experiences, his desires and his zest for living life to the fullest.

Being diagnosed with autism has not stopped Giel Ahn to do what he is physically and mentally able to. From swimming to hiking, to many other sportive activities, from singing to creating beautiful art, this young man sets an example for many others who don't live with a disability. I have worked with Giel for nearly 2 years and I am amazed at his growth as an artist and as a person. It is an honor for me and I feel very fortunate to be allowed to be part of his life, of his journey, and to be present during his creative process. Actually, Mr. Ahn is the teacher for he constantly reminds me of some of the most important lessons of life: to have patience and compassion.





ARTS COMMISSIONERS Street (Zombie) and Nichol (Zombie Hunter) along with community volunteer Allia Myers prepare the scavenger hunt bags for kids at the 2015 Normandy Park Zombie Fest. This emergency preparedness festival features a scavenger hunt for kids and the Arts Commission provides the loot bags to carry all the great donated goods in. Decorated with stickers and markers and other fun stuff, filled loot bags allowed kids to grab a pumpkin and be on their way. Also on hand was the Arts Commission 4th of July parade car, The Artpocalypse. Lots of zombies and zombie hunters alike posed for their pictures, no zombies were harmed in the making of this art car! Photos by Sara Chapman













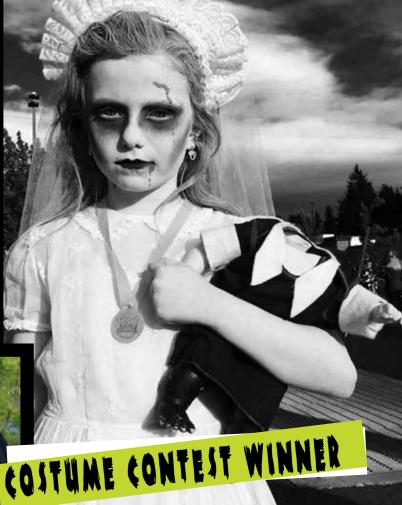


Photo by B-Town Blog

Zombies from around the Puget Sound area converged on Normandy Park for the 4th annual Zombie Fest! The undead event featured the Seattle Thrillers, the Mount Rainier High School Marching Band, a scavenger hunt, a Get Zombified booth, pumpkins and a costume contest. Festival-goers also raised money for the Highline Schools Foundation, Highline Food Bank, Des Moines Food Bank and the Friends of Normandy Park Foundation. Thank you to the Economic Development Committee for organizing this fun family event that raises awareness about disaster preparedness.





NORTH DISTRICT - NEAR NORMANDY RD

Access Pharmacy	(206) 242-0040
Archie's Mexican Restaurant	
Dunn Lumber Company	
Four Star Cleaners	
Healthy Nail & Spa	
Kid's Country Normandy Park, Inc	
Lovely Nails	
•	
Lucky Star Consignment	
Manhattan Hair Salon, Inc	
Melanie's Dancers	
Normandy Cleaners	
Normandy Park Family Dentistry	
Optimal Health Chiropractic	
Pass It On	
Paws In The Park Pet Supply	
Quality Food Store - QFC #805	(206) 243-9340
Redbox Automated Retail, LLC	
Seattle Taekwondo Academy, LLC	(206) 444-9473
Starbucks Coffee #3334	(206) 318-8705
Teak House Thai Restaurant	(206) 244-8444
The Normandy Park UPS Store	(206) 919-3041
CENTRAL DISTRICT - NEAR 185T	'H
Cheveux Design	(206) 778-3074
Gilbert Family Dentistry	(206) 242-5808
Margaret Lacy Therapy	(206) 769-2002
Ren Acupuncture & Wellness, PLLC	
SOUTH DISTRICT – NEAR 200TH	
	(206) 024 2200
ACE Hardware	
AD Specialities & Promotions	
Anne Armstrong Therapy, Inc	
Bishop Law Offices P.S.	
Can't Stop Smackin'	
Colorescience (Deleware), Inc	(206) 612-0004
Dena Johnson Counseling Service Desert Sun Tanning	(253) 670-0777



SOUTH DISTRICT (continued)

Emma Skjonsby, MA, LMHC	(206) 229-9208
Face to Face Euro Spa	(206) 429-3842
Flourish Acupuncture & Wellness LLC	(206) 878-8825
International Freight Systems (of WA) LLC	(206) 433-2614
Jessica Misner, Psy.D	(206) 747-7274
John D Slightam, MD	(206) 824-5555
Law Office of Michael J. Siefkes PLLC	(206) 431-5152
Mia Bella Salon	(206) 431-5652
Millenial Builders, LLC	(206) 429-3884
Mitchell Construction	(253) 223-9178
Moxie Kids, LLC	(206) 852-7215
Nails BK & Spa of D LLC	(206) 212-6338
Normandy Park Ale House	(206) 592-6986
Normandy Park Athletic Club	(206) 870-9000
Normandy Park Hair Designs	(206) 824-6830
Normandy Park Market - IGA	(206) 465-6662
Normandy Park Subway	(206) 406-0698
Normandy Perk LLC	(206) 454-8384
Northwest Clinic of Chiropractic PLLC	(206) 429-2922
Olympic View Dental	(206) 824-4700
Papa John's Pizza	(206) 248-3333
Pier View Chiropractic, Inc PS	(206) 824-7200
Priceless Pet Clinic	(206) 592-6454
Rite-Line Tax Service	(206) 246-4881
Robert E Parker PhD PC	(206) 240-9880
The Samara Hubner, Inc	(206) 878-8875
The Soggy Doggy	(206) 824-6600
Walk in Hope Counseling, LLC	(425) 312-3791



HEALTH AND WELLNESS SERVICES

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- Personalized genetic testing
- Weight Loss Program called FirstLine Therapy, an effective therapeutic lifestyle and composition-based weight loss program

MEDICAL AESTHETIC SERVICES

- Complimentary skin consultation with our aesthetician
- Skin rejuvenation using medical level chemical peels and laser to treat acne, sun spots (brown and red), scars, fine lines, spider veins, dark circles under the eyes and wrinkles
- · Laser Skin, Hair reduction/removal, Vein, Tattoo Removal and Fungal Nail **Treatments**
- · Botox Cosmetic to treat wrinkles
- · Fillers (Juvederm, Radiesse, and Bellafill, for a nonsurgical face lift)
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Margaret L. Larson, MSN, ARNP, NP-C grew up in Normandy Park and now has returned to live closer to her practice. She had been practicing with her father, Roger K Larson, MD for six years in Burien before he retired two years ago. Family and community are very important to her as reflected in her unique family practice approach to prevention, lifelong wellness and optimal health for individuals and families. Margaret is an active contributor to the Hospitality House Shelter for Women in Burien and Hope Medical Clinic in Uganda.



Coolsculpting Information Event October 29th 6-8pm

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Margaret Larson has been awarded the BellaDiamond Award as a top national injector of the longest lasting filler, Bellafill

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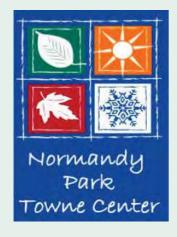
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